



Chi sono?

Italo brasiliana e vivo in Italia da 15 anni

Laureata in Economia del Turismo

Presidente Italybiketour ASD

Collaboratrice di Promappennino



PROMAPPENNINO

CLIENTELA

- clienti italiani
- clienti europei
- clienti extra europei

ATTIVITA'

- trekking self guided
- trekking con accompagnatori
- walking tour – camminate

PROPOSTE

- proposte giornaliere
- proposte itinerati



CATALOGO






PROMAPPENNINO
The A. Selli & C. Museum

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About us

CyclingItaly.eu is the new project of Promappennino Selli & C. Our company works in the travel industry since 1981. Our headquarters is located in Zocca, in the wonderful region of Emilia Romagna. We are specialised in travel packages and in our website www.cyclingItaly.eu you can see a list of proposals for visitors.



RIDER TYPE: BEGINNERS

STYLE: I use my bike to discover the beauty of nature, I often stop to take pictures and chat to my friends, I enjoy the views, especially if flat and not too steep slopes are included. We have an hotel with the right price and always parking. This is ideal for families with children too.

ROUTE: from 20 to 30 km
ALTIMETRY: from 0 to 30 m



RIDER TYPE: BEGINNERS

STYLE: My bike is a pleasure and my sport. I love my bike and I use it to ride for more than 4 hours. Together with my friends we have some rides, mostly up hills, and in the absence of the bikecases we only have our own money and the money from our work. In the winter we enjoy the sun. This is when team work becomes fundamental to reach the goals.

ROUTE: from 80 to 100 km
ALTIMETRY: from 100 to 1000 m



RIDER TYPE: BEGINNERS

STYLE: To see my little girls to go further than parents I use it to keep fit at least twice a week and I love because it's my favourite part of my vacation with friends. We have a great route including flat parts and hills, we will be able to do the things together in our adventures. We always take a coffee in a cafe or a restaurant, we eat pizza if it's time and if we can we sleep in a tent.

ROUTE: from 10 to 20 km
ALTIMETRY: from 300 to 700 m



RIDER TYPE: BEGINNERS

STYLE: Being on the bike is a challenge to face with my head and my heart. Challenge myself to get more skills, improve fitness in my adventure and my competitive nature. Today's goal will be my starting point tomorrow!

ROUTE: from 100 km and above
ALTIMETRY: from 1000 m and above

LUXURY WALKING TOUR



Walking in the hidden Tuscany

A wonderful week in the Apennines between Emilia Romagna and Umbria, in the Province Administrative National Park, it will be a unique experience to walk in the secret forests of the forest of Camaldoli. It suggests places where St. Francis of Assisi lived, surrounded by an enchanting landscape. It will also be

1 Day
Arrive in Bologna airport and transfer to Borgo di Romagna, Romagna area and stay in the SPA, dinner and overnight in Grand Hotel Villa Igiea.

2 Day
Monte (about 3 hours)
Start transfer to Tuscany with its beautiful view between the mountains. We will take a electric boat to see the lake and the museum of the water and restoration plant from the area works. Transfer to the Grand Hotel Villa Igiea, for Spa, dinner and overnight.

3 Day
Lake - Monte Fontaine (about 4 hours)
Start transfer to lake for a wonderful view in the heritage of San Marino with its terraced view over the Via Marittima. The dinner will be enjoyed in the restaurant of the castle of the Duke of the castle of the Duke. After lunch, start the tour of the castle of the Duke. After lunch, dinner and overnight in Grand Hotel Villa Igiea.

4 Day
Monte - Lake (about 3 hours)
Start transfer to Montefiore, Apennines for an easy trail to the grand view of the mountains. Dinner and overnight in the Villa Igiea and with the breakfast, will transfer to the castle of the Duke. After lunch, dinner and overnight in Grand Hotel Villa Igiea.



LUXURY WALKING TOUR

Duration:
8 days / 7 nights

- The package includes:
- 7 nights double room (with breakfast)
 - 8 Park tickets
 - 2 Breakfast (breakfast and lunch)
 - 2 packed lunch (breakfast and lunch)
 - 1 car for the two participants
 - 1 visit to the lake of Montefiore
 - 1 boat on the lake
 - 1 guided tour to the Museum of the Water
 - 1 guided tour to the Montefiore
 - 1 guided tour to the Fontaine
 - 1 self-organizing trip
 - 1 walking guide for 5 days
 - 1 car for transportation to the destination
 - transfer and transport where specified

The price does not include:

- air fare
- visa upon entry requirements
- anything not stated above in the program



Walking in the Food Valley and Castell del Ducato zone

An unforgettable experience in the hillsides of Romagna Romagna, Province of Parma, Emilia Romagna. We are in the Emilia Romagna and other beautiful provinces. It will be a unique experience to walk in the secret forests of the forest of Camaldoli. It suggests places where St. Francis of Assisi lived, surrounded by an enchanting landscape. It will also be

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**Cecilia
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